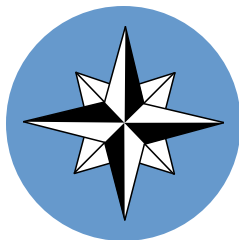




SHIP

Statewide Health Improvement Program

“SHIP” Launches in Five Counties



The Five Counties of Countryside Public Health have begun work on the SHIP Program. The Five participating Counties are:

Big Stone,
Chippewa,
LacQuiParle,
Swift and
Yellow Medicine.

The Statewide Health Improvement Program (SHIP) aims to help Minnesotans live longer, healthier lives by reducing the burden



of chronic disease.

The Statewide Health Improvement Program is a grant from the MN. Department of Health that Will be working representatives from Schools, Health organizations,

Communities and Worksites. The Program is funded to work on Policy, Systems and Environmental changes in the areas of Obesity (physical activity & nutrition) and Tobacco.

Each county has a group that will look at implementing and developing initiatives that will help make it easier for people to live healthier lives.

SHIP

- **Is Part of MN Health Reform.**
- **Grant was Awarded by MN Legislature to address the burden of chronic disease.**
- **Targets obesity, (nutrition, exercise) and tobacco which are major health risks for Minnesotans**

County Leadership Teams

Each county formed a leadership team that held their first meetings in October. The team partnerships are essential to the success and sustainability of the SHIP programs.

They also provide guidance and oversight to affect policy, systems, and environmental changes. Each person has expertise in particular areas, are willing to provide leadership,

have knowledge and ability to effect changes. They have an interest and commitment to their communities and to improving the health in their county.

Thank You to the County Leadership Teams



PRESENTATION
of Survey
Gizmo Results
by Tunhiem
January 13
From 10AM-2PM
at Montevideo
Courthouse
Assembly room.

A Big THANK YOU is due the leadership team members from each county. They have come a long way in understanding the SHIP grant process and they have provided valuable direction.

One of the activities was to complete the "Survey Gizmo". This survey was emailed to

persons in the 5 counties to establish community interest in various activities or interventions and to help identify what is currently in place in each county.



The survey was developed and the data compiled by the Tunhiem Company. They will present the survey results and that information will help the teams decide which interventions to pursue.

Executive SHIP Board

The Executive SHIP Board includes representatives from each of the 5 counties. Their task will be to review and analyze the intervention proposals from the counties to

determine which will be funded. They will assist the county LeaderSHIP teams in revision of intervention proposals as needed and provide assistance as able.

Monitoring and Evaluation of the intervention activities will be another of their roles.



What's Next ?

The results of the Tunhiem presentation will tell us what is in place and what interest there is in interventions in our communities. Our county LeaderSHIP teams will meet to review the survey data and choose from the possible interventions.

The intervention action plans will be formulated and compiled. Once assembled the intervention requests will be submitted to the Executive Board to be reviewed and they will make decisions on

funding the interventions. The county teams then divide up the work of getting the activities completed.

January 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

UPCOMING DATES

Jan. 13- 8 AM- Executive Board —Monte courthouse assembly rm.
 10AM-2PM Tunhiem Survey Presentation Monte.

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 Jan 15- 10 AM Big Stone LeaderSHIP team meeting
 Countryside office.

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 Jan 19— 4PM Chippewa LeaderSHIP team meeting-
 3:30 PM Swift LeaderSHIP team meeting –
 Countryside office
 7AM- Yellow Medicine LeaderSHIP team meeting–
 Basement LEC

.....
 Jan 20- 7 AM Lac Qui Parle LeaderSHIP team meeting—
 CPH office



“Not only do chronic diseases reduce the quality of life and life expectancy for Minnesotans, but the costs of treating them create a substantial burden for our health care system.

SHIP can reach across the state to improve policies, systems and environments and make it easier for Minnesotans to engage in healthy behaviors that help prevent chronic disease.”

**-Dr. Sanne Magnan,
 Minnesota
 Commissioner of Health**

Countryside Public Health

SHIP Coordinator:
Cindy Skulstad, YM Co.
Deputy Coordinator
Wanda Ness, Swift Co.

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47 Northwest 2nd Street
Suite 104
Ortonville, MN 56278
1-866-277-5587

Chippewa County
719 North 7th Street
Suite 308
Montevideo, MN 56265
1-800-894-0192

Lac qui Parle
422 5th Ave. Suite 305
Madison, MN 56256
1-800-255-0736

Swift County
201 13th Street South
Benson, MN 56215
1-800-657-3291

Yellow Medicine
415 9th Avenue
Granite Falls, MN 56241
1-800-407-3628

Countryside Public Health is a five county Community Health service agency serving the counties of Big Stone, Chippewa, Lac qui Parle, Swift and Yellow Medicine in western Minnesota.

The Philosophy of Countryside Public Health is to support all individuals to reach and/or to maintain an optimal level of well being in their place in society. Such support shall be available to all members of the area. The service will strive to promote, plan, cooperate, and coordinate with other agencies and institutions to develop that optimal level, and to become a leader in the development of a comprehensive community health program.

We're on the Web!
<http://www.countrysidepublichealth.org>



Public Health
Prevent. Promote. Protect.